



Glenlake 3 on 3 Spring Rules

Here is a list of general “RULES” for the 3 on 3 Spring program. There will be a minimum of two on ice officials for each ice time. 1 in each end. **The role of the officials will be to call infractions and ensure player safety;**

- Each session consists of 5 minutes of WARMUP and 2 * 26 minute halves of continuous play, cross ice in each end beyond the blue lines. Lots of fast skating, fast puck movement, players creativeness and goaltender showdowns;
 - There will be a 3 minute break between halves when the visiting team will switch ends
- Each shift shall be comprised of three skaters and one goalie per shift. All shifts will be one minute in length. At the conclusion of the minute shift, the timekeeper will buzz the time and the shifts will change;
- On ice staff will only drop the puck at the beginning of each half but will carry more than one in case a puck is lost outside the endzone;
- The puck shall be in continuous play, if a puck is leaves the area of play the referee will toss a new one into play and yell ‘new puck’;
- After a goal or the goalie freezing the puck, the team which scores the goal shall retreat to mid ice and allow the team that has been scored on / frozen the puck to break out;
- At the end of the shift, the puck shall be played where it lays;
- Players not playing wait outside the blue line
- At shift change 3 new players must enter the playing are each shift unless teams are short. In that case all players must still leave the playing area by crossing the blue line before returning to play
- Players entering the play area too soon will result in a whistle and non-offending team gets possession (or second team in, if both jump early)
- Game score and standings will not be officially kept
- Time penalties will result in a change of possession and the offending team playing a man short for the balance of that shift only.
 - Penalized players may not play on the next shift either but may return with the group they were with when the penalty occurred



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- A penalty shot may also be awarded if the offended player had a breakaway and did not get a scoring chance as a result of the infraction. The offending player ALSO misses the balance of that shift
 - Although this should be a fun game, we need to make sure the safety of the players is at the forefront. I want to remind you all of the following:
 - Any penalty outlined in the Hockey Canada rule books will be enforced;
 - **NO BODY CHECKING** will be allowed in any age group. Any contact other than incidental will result in a penalty;
 - Referees, Managers and scorekeepers should try to keep track of penalties per player and enforce a 3 minor penalty rule which will constitute a game ejection.
 - Any major penalty or penalty for which there is a suspension under Hockey Calgary or Hockey Canada rules will result in the player being automatically ejected from the game. An ejected player's actions will be reviewed by a league official who has the sole discretion to decide if and when that player will be allowed to play again. Should you call a major penalty please notify me immediately following the game of:
 - what penalty was called;
 - player who was assessed and ejected from the game;
 - team the player is on.

In the event that the scoring within a game becomes too one-sided, the on ice officials have the discretion to switch players and/or goalies from team to team or to allow one team to skate four skaters and a goalie.