

Glenlake Coach Symposium

December 11, 2018



Agenda

- The Mentorship Role
- Practice Observations
- Game Observations
- Capable, confident, competitive
- Guest Speaker

Mentorship

- Experience not expertise
- Observation and feedback
- A sounding board
- Objective third party
- Be available and on call
- A trusted advisor
- Guided discovery

Practice Observations

- Coaches, engaged, positive, and encouraging
- You are prepared and organized
- Good use of stations, lanes and groupings – lots of activity
- Good amount of skill work
- SAG's, races / competitive drills
- Goalie development

Practice Feedback

- Safety 1st
 - Gates and neck guards
- More Teaching
 - Key teaching points
 - Accountability
 - Habits (drills and practice)
 - Small Area Games
- Deliberate & Random
 - Stationary
 - Moving
 - Game like situations, SAG / F.I.O.
- Break it down and isolate, then bring it back together
 - Tactical
 - Skills within drills
- Positional Development



Game Observations

- Coaches, organized and engaged
- Positive encouragement
- Equitable ice time
- Keys to success
- Feedback
- Kids leave the rink feeling good

Game Feedback

- Encourage them to make plays, habits over actions
- Be consistent, don't coach to the scoreboard
- Emotional control, frustration
- Clear, concise and specific feedback
- Use rink board and pen
- Too many voices
- Win / Win

Capable, confident, competitive

- Rule #1, know your kids
- Is a skill / habit
- Must be developed
 - Develop their skills and habits
 - Then they will be confident
 - When they are confident they will be competitive

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- Certified Hockey Canada Skills Instructor
- Former Coach Mentor – Midnapore Minor Hockey Association
 - 2016 Volunteer of The Year
- Provincial Champion, National Runner Up – AAA Midget

Any Questions?