



### Co-Ed Dressing Room Policy

The Glenlake Minor Hockey Club firmly believes in accommodating both genders in our great game. We further believe in balancing this goal with the safety, privacy, modesty and wishes of all our members without compromising the aspects of camaraderie, social integration and bonding inherent in a team sport. This policy attempts to meet all these goals while providing a safe and respectful environment for our participants.

- The Glenlake Minor Hockey Club stresses the importance of coaches in ensuring both male and female players have equal access to pre and post team sessions and to all team related activities.
- The Glenlake Minor Hockey Club recognizes the physical limitations of some facilities and encourages our members to work with local facility management to ensure that appropriate changing facilities are available to both genders.
- The Glenlake Minor Hockey Club allows co-ed dressing room situations to exist at the Timbits, Novice and Atom levels provided participants in a co-ed situation either arrive in full equipment or wear at a minimum gym shorts or long underwear as well as a full t-shirt (no tank tops) all of which must be in good condition and without holes/tears.
- At the Pee Wee level and above the following conditions will apply in all co-ed team environments:
  - Females and males will change in separate rooms
  - Both genders shall congregate in one dressing room fully prepared to participate in the game/practice not more than 15 minutes prior to the scheduled ice time unless otherwise indicated (to be there earlier) by the coaching staff.
  - The lesser represented gender shall depart the dressing room not more than 15 minutes after the game/practice unless otherwise indicated (to stay longer) by the coaching staff.



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- The gender in the majority shall not begin changing, helmets, gloves and skates excepted, prior to the departure of the lesser represented gender.
- When necessary, due to facility limitations, showering shall be done in shifts.

**Any person found in violation of this policy may be subject to disciplinary action by the Glenlake Minor Hockey Club.**



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