

Code of Conduct

PLAYER:

I realize that my goal of being a hockey player in the Glenlake Minor Hockey Club ("**GMHC**") is to enjoy the game, have fun, improve my hockey skills, abide by the rules and play respectful hockey. I agree to the following:

- o I understand that the Code of Conduct applies as I enter the parking lot and into the rink, and continues as I leave the dressing room, in the lobby of the rink, and exiting the parking lot after games or practices.
- I will always act with proper respect and listen to my coaches, officials, and rink personnel, and I expect the same of my parents/guardians and other family members and friends.
- I will not use profanity, make abusive or obscene gestures, engage in fighting or other activity that could injure another player, coach, parent, as pursuant with the Code of Conduct policy.
- I will play by the rules of hockey and in the spirit of the game, respect my opponents and do my best to be a true team player.
- o I will remember that winning isn't everything having fun, improving skills, making friends and doing my best are also important.
- I will acknowledge all good plays/performances those of my team and of my opponents.
- o I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect; I will not argue with officials on or off the ice.
- I will not possess any tobacco products, drugs or alcoholic beverages, or carry any weapons.
- o I will abide by my team rules and always be respectful of my teammates and opposing players, property, dressing rooms, rink facilities, and hotels where my team is staying.
- o I recognize that it is a privilege to be able to play hockey for the GMHC. I will always act in a positive way that will make my teammates, coaches, and family proud of me.



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o I will abide by this Code of Conduct and all other GMHC policies.

PARENT/GUARDIAN:

I have discussed the Code of Conduct with my child and other members of our family unit and we agree that he or she will abide by the GMHC Code of Conduct. As a parent/guardian I also agree that the Code of Conduct governs my behavior, as well as anyone I invite, inside and outside the rink.

I agree to the following:

- I will not force my child to participate in hockey.
- I will remember that my child plays hockey for his or her enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- I will never ridicule or yell at my child for making a mistake or losing a game.
- I will remember that children learn best by example; I will applaud good plays/performances by both my child's team and their opponents.
- I will never question the officials' judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's hockey games.
- I will respect and show appreciation for the volunteer coaches who give their time to coach hockey for my child.
- I recognize the importance of the volunteers and officials and will communicate with them in a respectful and appropriate manner during games, practices and outside the rink, including all coaches, on ice officials, league representatives, team officials and GMHC volunteers.



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- I will follow the 24 hour rule prior to communicating with coaches and team officials.
- I will display excellent sportsmanship/behaviour during practices and games, including: refraining from taunting, obscene gestures, yelling, inappropriate language or pounding on the glass.
- I fully understand that if I as a parent/guardian were to violate the Code of Conduct, I may also jeopardize my player's eligibility to continue to play hockey for the GMHC.
- I will abide by this Code of Conduct and all other GMHC policies.

COACHES:

I understand that the goal of coaching hockey players in the GMHC is to ensure they enjoy the game, have fun, improve their hockey skills, work together as a team, abide by the rules and play respectful hockey. I agree to the following:

- o I will teach my players to play fairly and to respect the rules, officials and opponents.
- o I will ensure that all players get equal instruction, support and playing time.
- o I will not ridicule or yell at my players for making mistakes or for performing poorly.
- I will remember that players play to have fun and must be encouraged to have confidence in themselves.
- o I will remember that participants need a coach they can respect; I will be generous with praise and set a good example.
- o I will obtain proper training and continue to upgrade my coaching skills.
- I recognize the importance of the volunteers and officials and will communicate with them in a respectful and appropriate manner during games, practices and outside the rink, including all other coaches, on ice officials, league representatives, team officials and GMHC volunteers.
- I will follow the 24 hour rule prior to communicating with other coaches and team officials.
- I will display excellent sportsmanship/behaviour during practices and games, including: refraining from taunting, obscene gestures, yelling and inappropriate language.
- I will work in cooperation with officials for the benefit of the game.



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I will abide by this Code of Conduct and all other GMHC policies.

Any person found in violation of this Code of Conduct policy may be subject to disciplinary action by the Glenlake Minor Hockey Club.



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